



## Benedicts

Served on whole wheat English muffins with choice of pan fried potato or fresh fruit cup.

### **Classic Benedict**

Poached eggs, smoked ham, and fresh hollandaise sauce.  
\$11

### **Crab Cake Benedict**

Poached eggs, crab cakes, and fresh hollandaise sauce.  
\$14

### **Blackstone Benedict**

Poached eggs, Canadian back bacon, tomato, chipotle mayonnaise, and fresh hollandaise sauce.  
\$13

### **Pacific Benedict**

Poached eggs, smoked wild Pacific salmon, lemon caper cream cheese, and fresh hollandaise sauce.  
\$13

### **Florentine Benedict**

Poached eggs, spinach, red onion, feta cheese, and fresh hollandaise sauce.  
\$12

## From The Grill

### **French Toast**

Thick sliced French bread, maple cinnamon egg batter, topped with whipped cream and a choice of mandarin orange or mixed berry compote.  
\$10

### **Pancakes**

A classic stack..... 3 buttermilk pancakes served with syrup. Add mixed berry compote for \$2  
\$9

### **Eye Opener**

Eggs any style, toast, pan fried potato or fruit cup, choice of ham, bacon or sausage. One Egg \$8  
Two Eggs \$9.50

### **Noah's Harbor Club**

2 eggs any style, 2 buttermilk pancakes, 2 slices smoked ham, 2 strips bacon.  
\$11

### **Breakfast Bagel**

Canadian back bacon, cheddar, pesto scrambled egg & roast garlic mayonnaise. Served on a toasted honey whole wheat bagel with pan fried potato sautéed with peppers & onion.

\$10

### **Children's Breakfasts**

One egg any style, toast, choice of bacon, ham or sausage. Or mini stack of 3 pancakes topped with whipped cream and mixed berry compote.

\$6

### **Oven Baked Skillets**

**Served with choice of toast, brown, rye or white.**

#### **Garden Skillet**

Pan fried potato topped with mushrooms, peppers, onions, tomatoes, 2 eggs any style and Swiss cheese. Served with choice of toast, brown, rye or white.

\$12

#### **3 Cheese Skillet**

Pan fried potato with sautéed peppers & onion topped with brie, cheddar, feta and 2 eggs any style.

\$11

#### **Swiftsure Cajun Skillet**

Pan fried potato topped with sautéed peppers, onions, ham, bacon, chorizo sausage, 2 eggs any style and shredded cheddar.

\$14

### **Omelettes**

**Served with toast, & choice of pan fried potato or fruit cup.**

#### **Ham & Swiss Omelette**

Smoked ham and Swiss cheese. Served with toast, & choice of pan fried potato or fruit cup.

\$11

#### **3 Cheese**

Brie, cheddar and feta

\$11

#### **Vegetarian**

Spinach, mushrooms, peppers, onions and tomato.

\$12



### **Neptune Omlette**

Pacific baby shrimp, wild smoked salmon, pesto, red onion and goat cheese. Served with toast, & choice of pan fried potato or fruit cup.

\$13

### **3 Egg Omelette \$9**

Additional toppings \$1.50 Tomato, red onion, spinach, black olives, artichokes, banana peppers, mushrooms, sweet bell peppers, ham, bacon, sausage, feta, cheddar, swiss. Premium Toppings are \$2 Crab, smoked salmon, back bacon, brie, hollandaise sauce.

### **Light Choices & Breakfast Sides**

#### **BLT**

Bacon, Lettuce and Tomato served with your choice of bread. Add an Egg for \$1.50

\$9

#### **Express Breakfast**

Your choice of a scone, muffin, bagel or croissant with juice and coffee or tea

\$9

#### **Baked Goods**

Your choice of toast & preserves, honey whole wheat or cinnamon raisin bagel, blueberry scone, croissant, assorted flavors of freshly baked muffins.

\$4

#### **Trailblazer**

Muslix cereal, fresh fruit & french vanilla yogurt.

\$9

#### **Cold Cereal**

Your choice of either Muslix, Froot Loops, Honey Nut Cheerios or Bran Flakes.

\$4

#### **Fruit Cup & Oatmeal**

\$9

#### **Hot Cereal**

Rolled oats cooked until tender. Served with brown sugar and milk.

\$5

#### **Fresh Fruit Cup**

\$6.50

#### **Pan Fried Potatoes**

\$4





**Single Pancake**

\$3.50

**Grapefruit Segments**

\$6

**French Vanilla Yogurt**

\$4

**Side of Bacon, Ham, or Sausage**

\$3.50

**One egg any style**

\$3

**Beverages**

**Coffee, Tea**

\$2.50

**Milk, Chocolate Milk or Hot Chocolate**

\$2.50

**Juices or Soft Drinks**

Apple, Orange, Tomato, Grapefruit or Cranberry

\$2.50

**Premium Herbal Tea**

\$3

**5% Government Goods & Services Tax will be added to prices shown. No Substitutions Please. 15% Gratuity added for Tables of 8 or more.**

